

# April 2023

Keep July 9<sup>th</sup> free for LFBS's 🥂 25<sup>th</sup> anniversary party 🥂 All LFBS alumni welcome.

## Congratulations

Phoebe Milford (Inter) and Hattie Houlton (G4) danced with the prestigious *London Children's Ballet* touring company. Hattie was chosen from hundreds of dancers to contribute to their new promotional video. Another great achievement: Abi & Hannah gained Cecchetti Ballet's Vocational Advanced 1 with great marks!

## Demi-Pointe shoes



A group of new Grade 6s were fitted with demi-pointe shoes. This is the 2<sup>nd</sup> step towards full pointe shoes after weeks of *Dynaband* work. These shoes further strength in the arch, instep metatarsals and ankles. These are Tahlia's feet! Now, the girls are being taught how to darn the platform and sew on the ribbons.

## Primary & Grade 1 Ballet



There is room again in Primary Ballet as some have moved up. *Well done, new Grade 1s!* Primary Ballet is held at Greatham Village Hall and Liss Triangle Centre. For Reception Year upwards. Boys welcome as always.

## Spirited Steps Cup



This term's winner for the previous term's work is Constance in Grade 4. Constance took G3 exam in December at very short notice. She gained Distinction with 88%

*Do It With Thy Might*  
She did!

## Performances



**28/29 April ENGLISH YOUTH BALLE**

Book now to see seven of our ballerinas in *Swan Lake* at the Kings Theatre  
[Swan Lake | English Youth Ballet - Kings Theatre Portsmouth \(kingsportsmouth.co.uk\)](https://www.kingsportsmouth.co.uk)

**6th May LISS CORONATION CELEBRATIONS**

We will be in the Pavilion marquee.

Eat lots of Easter chocolate and see you soon! 🍫